
_____ **was made by** _____

_____ **Your donation of** _____

*Thank you, and have a
happy holiday.*

Your gift has helped make the
holiday season a little brighter
for a family in need.

*Read more about Mayan
Families' programs
online at:*

www.MayanFamilies.org

Because few impoverished families can afford the cost of a bed or mattress, many are forced to sleep on wooden planks or hard floors. The gift of a bed can bring comfort and sound sleep to an entire family.

Mayan Families works to bring aid to impoverished families in the Western Highlands of Guatemala. This can mean bringing food or other necessities to a family in need, building a house or school to replace one lost to a mudslide, paying for a student's scholarship, or bringing urgent medical care to those without access.

68% of indigenous children are malnourished, and 21.5% of Guatemalans survive on less than \$1 a day.

Source: World Health Organization, 2007

Many families in Guatemala live in extreme poverty...

Happy Holidays

from  **Mayan Families**



A gift of a bed has been made in your name to help a family in the Western Highlands of Guatemala.