

\_\_\_\_\_

\_\_\_\_\_ was made by

\_\_\_\_\_

\_\_\_\_\_ Your donation of

*Thank you, and have a  
happy holiday.*

Your gift has helped make the  
holiday season a little brighter  
for a family in need.

*Read more about Mayan  
Families' programs  
online at:*

[www.MayanFamilies.org](http://www.MayanFamilies.org)

Mayan Families works to bring aid to impoverished families in the Western Highlands of Guatemala. This can mean bringing a basket of food to a family in need, building a house or school to replace one lost to a mudslide, paying for a student's scholarship, or bringing urgent medical care to those without access.

The holidays can be especially hard for impoverished families, as they rarely have extra money for gifts or festivities. A holiday basket provides a traditional Christmas feast for up to 12 people, and includes bread, rice, drinking chocolate, beans, and ingredients to make tamales.

68% of indigenous children are malnourished, and 21.5% of Guatemalans survive on less than \$1 a day.

*Many families in Guatemala  
live in extreme poverty...*

# Happy Holidays

from  **Mayan Families**



*A gift of a Holiday Tamale Basket has been made in your name to help a family in the Western Highlands of Guatemala.*